

“Name recipe”

For “xx” pieces á “xx” g:

- xx g Ingrediens
- xx g Ingrediens
- xx g Ingrediens
- xx g Ingrediens
- xx g Ingrediens
- xx g Ingrediens
- xx g Ingrediens

List of Nutrients					
			per 100g	per Unit (xxg)	% DV
GCAL	Calories (kcal)		xx,xx	xx.xx	
FPROZ		Calories from Fat (%)			
ZF	Total Fat (g)				
FS		Saturated Fat (g)			
		Trans Fat (g)			
FC	Cholesterol (mg)				
ZE	Total Protein (g)				
ZK	Total Carbohydrate (g)				
ZB		Dietary Fiber (g)			
ZUCKER		Sugars (g)			
VC	Vitamin C (mg)				
VAR	Vitamin A (mg)				
MNA	Sodium (mg)				
MCA	Calcium (mg)				
MFE	Iron (mg)				